

Sexual Health: Books & References

Category	Sexual Health		
Resource Type	Books & References		
Title	Changes In You For Boys	Audience	MS
Author	Siegel, Peggy C.	Media Type	
Book			
Publisher	Family Life Education Associates	Publish Date	c1991
Short, simple picture book for boys with special needs about the changes associated with puberty. 1992			

Category	Sexual Health		
Resource Type	Books & References		
Title	Changes In You For Girls	Audience	MS
Author	Siegel, Peggy C.	Media Type	
Publisher	Family Life Education Associates	Publish Date	c1991
Also includes a parent's guide. Short, simple picture book for girls with special needs about changes associated with puberty. 1992			

Category	Sexual Health		
Resource Type	Books & References		
Title	Changing Bodies, Changing Lives: A Book For Teens On Sex	Audience	HS
Author	Alexander, Ruth Bell	Media Type	
Publisher	1988	Publish Date	c1997
Includes bibliographies and index. An essential road map through the difficult terrain of adolescence, Changing Bodies, Changing Lives gives teens a thoughtful, empathetic and personal look at the issues that affect them daily. Teenagers need a place to find factual, straightforward, and thorough information on sex and on the many ways puberty affects their emotional and physical health. 1988			

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Resource Type	Books & References		
Title	Filling the Gaps	Audience	Adult
Author	SEICUS	Media Type	
Publisher	SEICUS	Publish Date	c1998
This book was developed to assist teachers in addressing abstinence, safer sex, condoms, sexual orientation, diversity, pregnancy options, sexual behavior and sex and society. It also provides teachers with background information, rationale, teaching activities and resources. 1998			

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Category	Sexual Health		
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Title	Healthy Sexuality Development:	Audience	Adult
Author	Ken Chrisman	Media Type	
Publisher	National Association for the Education of Young Children	Publish Date	2002
This book provides key information to both early childhood educators and family members about what is typical in young children and how to support them in this early inquisitive stage.			

Category	Sexual Health		
Resource Type	Books & References		
Title	It's NOT the Stork!	Audience	Pre-K, Elementary
Author	Robie Harris	Media Type	
Publisher	Candlewick Press	Publish Date	2006
This colorful children's book provides age-appropriate answers to children's many questions on topics such as what makes a girl and a boy, where babies come from, how babies are made, why their bodies are the same and different from other people's bodies, what a family is, and many other questions about themselves and their bodies.			

Category	Sexual Health		
Resource Type	Books & References		
Title	It's Perfectly Normal	Audience	MS, HS
Author	Harris, Robie H.	Media Type	
Publisher	Candlewick	Publish Date	1996
Provides accurate, unbiased answers to nearly every conceivable question, from conception and birth to birth control and AIDS, It's Perfectly Normal offers young people the real information they need to make responsible decisions and stay healthy.			

Category	Sexual Health		
Resource Type	Books & References		
Title	It's So Amazing!	Audience	Elementary
Author	Robie Harris	Media Type	
Publisher	Candlewick Press	Publish Date	1999
This illustrated children's book provides age-appropriate answers to children's many questions on the topic of eggs, sperm, girls, boys, bodies, love, pregnancy, birth and many other topics.			

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Category	Sexual Health		
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Title	On the Right Track	Audience	Adult
Author	SEICUS	Media Type	
Publisher	SEICUS	Publish Date	c2004

A guide for youth serving organizations. It is designed to help youth development professionals recognize the need to address sexuality with young people, understand how sexuality education and youth development can complement each other, and determine ways in which youth development programs can begin to incorporate this important topic. 2004

Category	Sexual Health		
Resource Type	Books & References		
Title	Period	Audience	MS
Author	Loulan, JoAnn	Media Type	
Publisher	Volcano Press	Publish Date	c1991

Resource book for preadolescent students, teachers, and parents. Contains perforated detachable supplement (8 p.) with separate: Parents' guide: talking about menstruation with your children. Updated 1991. Discusses the physical and psychological changes at the onset of menstruation. Includes a guide for parents and teachers.

Category	Sexual Health		
Resource Type	Books & References		
Title	Teach & Talk: The Subject Is Sex	Audience	EM
Author	Wilson, Pamela (Pamela M.)	Media Type	
Publisher	ETR Associates	Publish Date	c2001

This book encourages students to feel comfortable with their bodies and to respect themselves and each other; provides age-appropriate answers to student's questions; reassures students that growing and changing is natural and that curiosity is normal; supports healthy emotional development. 2001